

Light and Airy



Scottish Country Dancers of Winnipeg

info@rscdswinnipeg.ca
www.rscdswinnipeg.ca

Volume 44, Number 3

December 2012

Committee of Management 2012/13

Chair:	Christine Wallace	204-478-1026
Vice Chair:	Joyce Cormack	204-224-2291
Secretary:	Gerri Stemler	204-488-7386
Treasurer:	Joan Curle	204-254-6697
Light and Airy Editor:	Heather Ferguson	204-795-2337
Social Secretary:	Anne Morrison	204-488-9548
Membership:	Debra Forrest	204-284-4667
Publicity:	David Kroeker	204-284-4667
Demonstration:	Agnes Brydon	204-837-7346
Library:	Reg Curle	204-254-6697
Teachers' Rep.:	Maureen Burnham	204-786-7767
Webmaster:	Sheila Careless	204-233-8808

From the Chair....

Well, here we are into the month of December and the classes for this term have ended.

The ten week session of the "Introductory Class to Scottish Country Dancing" had its last class on November 29th. By all accounts, the participants enjoyed it and many of them plan to come to the next ten week session, starting in January.

It was with sadness and disappointment that we learned from Cheryl Durnin, teacher of the Technique Class, that for personal and health-related reasons, she had to withdraw from teaching this class. The class has enjoyed her teaching as she challenged them with interesting dances, which implemented and emphasized the technique points that she was working on. We wish Cheryl well with a return to good health. In the meantime, our thanks go to Peter McClure for taking over until the end of this term.

On Monday, November 26th, the Fort Garry Social class hosted the St. Andrew's Social. We were happy to welcome members of the "Introductory" class, who joined in the simpler dances. It was an enjoyable evening with music provided by Scotch Measure. We are so fortunate to have "live" music on these occasions. Our thanks go to the Fort Garry class and to their teacher, Joyce Cormack, for their hospitality.

The CD and Book of Dances project is moving along. Ken has completed the music arrangements for the dances. Glen Colquhoun and Lynn McClure, with the help of Jay MacLeod (band member), are working on the design for the CD and Book cover. Editing of the dances continues to progress. The title chosen for the CD and Book will be announced at the Burns Dinner.

Plans are being finalized for the Burns Dinner and Dance on Saturday January 26, 2013, which will be held at Silver Heights Church Hall. Tickets are available at all classes at \$35.00 each. Music will be provided by Scotch Measure. This will be the first official event of our 50th Anniversary year, so it will be a special occasion.

The RSCDS had their AGM at the beginning of November in Aberdeen. We received a report from our delegate, Irene Whyte, who attended on our behalf. She mentioned that there was discussion on the proposal to change the RSCDS legal form to that of a Company limited by Guarantee. This discussion included the topic of "public liability". The Treasurer confirmed that the RSCDS does not hold liability for Branches as it would prove too expensive. The membership subscription has been increased from 15 to 16 pounds sterling. The reasons given were inflation, postal charges up by 30 per cent, and preparation for the future. If any of the membership would like a copy of our delegate's report, please contact Gerri Stemler, the Branch Secretary.

There has been some concern expressed over the number of Ad Hoc committees functioning within the Branch. The majority of these committees were formed over a year ago (the remainder two years ago), to support the work of the COM, but in no way to take the place of the COM. Any ideas that these committees come up with go to the COM, where they are either approved or not, always keeping in mind the well-being of the Branch. In the next issue of the newsletter, I will prepare a description of these committees and their responsibilities and membership. All these committees were open to any interested member when they were formed.

At the November COM meeting, Jane Nattrass, the Workshop Chair, presented a "Letter of Request" related to the Workshop and Ball being held in May 2013 to celebrate our 50th Anniversary. The request was "that to show appreciation to current and former Branch members for their support over the years, the Workshop Committee is requesting a subsidy for the costs of this Anniversary Weekend." A motion was then put forward "that the RSCDS Winnipeg Branch provide funding in the amount of \$2,000 to assist in underwriting the costs to the participants for this Weekend Workshop and Ball celebrating the Winnipeg Branch's 50th Anniversary." This motion was carried with one abstention. It was noted that this funding was for one year only. The registration forms will be out in the New Year, reflecting this subsidy.

As we approach this festive season, on behalf of the Committee of Management, I send Christmas Greetings to all our members and their families, and Good Wishes for 2013.

We look forward to seeing you all in the New Year, if not at the Betwixt and Between Social on December 27th.

Merry Christmas and a Happy New Year!

Sincerely,
Christine Wallace



2012/13 Dance Season

Thursday December 27, 2012	Betwixt and Between Social, 8:00 pm, \$2.00
Thursday January 10, 2013	Open House, 8:00 pm, Free
Week of January 14	Winter Term classes begin (Regular and Introductory)
Friday January 25	Burns Walk Through, Silver Heights United Church Hall, 7:30 pm
Saturday January 26	Burns Dinner and Dance, Silver Heights United Church Hall
Tuesday March 5	Class Social (hosted by the Technique Class)
Thursday March 21	Last Introductory class of Winter Term
Saturday April 13	Wind-up Social (hosted by the COM and Teachers)
Week of April 22	Last Regular classes of Winter Term
Friday-Sunday May 17-19	50 th Anniversary Workshop, Dinner and Ball
Wednesday May 22	AGM

Please note: All dates are subject to change – please check the calendar each month. Socials are at St. Paul's Church Hall, North Drive and Point Road, at 8:00 pm, with admission of \$10.00, unless otherwise noted.

From the Editor

As the Bicentennial year of the arrival of the Selkirk Settlers comes to a close, we are reminded of upcoming events in Scotland that will be commemorating the Scottish emigration. Timespan in Helmsdale will be commemorating the 200th Anniversary of the emigration from the Strath of Kildonan to the Red River area in 1813. Some Branch members are already participating in this event through the Sock Sampler project. In 2014, the Year of the Homecoming, Scotland will welcome descendants of Scots emigrants from around the world. Projects, such as the Scottish Diaspora Tapestry project, will be documenting the impact of these emigrants on the areas in which they settled. Winnipeg has been chosen as one of the 25 communities that will be represented on this project.

As we look back on these historic events, we will also be looking back on more recent history, when the Winnipeg Branch was established 50 years ago. This issue includes information on the many events that are planned to celebrate the Branch's 50th Anniversary, including the Burns Dinner and Dance, the Workshop and Ball in May, and the CD and Book of Dances.

We are very fortunate to be connected to the past through these projects and the ongoing preservation of our Scottish culture through Scottish Country Dancing.

Best wishes for a wonderful holiday season!

Heather Ferguson

Teachers for the Winter Term

The teachers for the Winter Term classes will be:

Fort Garry Social (Monday)	Peter McClure
Technique (Tuesday)	Christine Wallace
Demonstration (Wednesday)	Christine Wallace
Introductory (Thursday)	Maureen Burnham

Upcoming Events

Betwixt and Between Social

December 27, 2012

The "Betwixt and Between" social will be held on Thursday, December 27 at St. Paul's Church Hall. Dancing will begin at 8:00 pm sharp. Guests are welcome, so invite your friends and family. The program will include dances for all levels as well as dances for our non-Scottish Country Dancing guests. The music will be provided by CDs.

Small donations to the food table would be appreciated. The charge for admission will be a "Toonie". For further information, contact Christine Wallace at 204-478-1026 or Joyce Cormack at 204-224-2291.

Open House / Welcome Dance

January 10, 2013

The 2013 Dance Year will start off with an Open House on Thursday, January 10 at St. Paul's Church Hall. The evening is free, with dancing starting at 8:00 pm. This is an excellent opportunity to see what Scottish Country Dancing is all about, so bring your friends. For more information on the evening, phone Maureen at 204-786-7767 or visit the Branch website at www.rscdswinnipeg.ca

Introductory Class

Beginning January 17, 2013

A new 10 week Introductory Class will start on Thursday, January 17 at 8:00 pm at St. Paul's Church. Join us at the free Welcome Dance on Thursday, January 10. For more information, phone Maureen at 204-786-7767 or visit our website at www.rscdswinnipeg.ca

Burns Walk-Through

January 25, 2013

A walk-through of the dances on the Burns Program will be held on Friday, January 25, at Silver Heights United Church. The walk-through will start at 7:30 pm. Silver collection.

Burns Dinner and Dance

January 26, 2013

The Burns Dinner and Dance will be held on Saturday, January 26 at Silver Heights United Church, 199 Garrioch Avenue. Doors open at 5:30 pm, with dinner served at 6:00. Dancing will start at 8:00 pm.

Tickets for the evening are \$35.00 and can be obtained from Betty Poole (Fort Garry Social Class), Agnes Brydon (Technique Class) or Jean Highmoor (Introductory Class).

Music will be provided by Scotch Measure.

The Dance Program includes a number of Burns-related Scottish Country Dances as well as dances that can be enjoyed by all.

Burns Dance Program

Welcome to the Dance	32J2	LADT
The White Cockade	32R3	Book 5 - 11
The Lea Rig	32S2	Book 21 - 5
The Starry Eyed Lassie	32J3	Book 23 - 11
Foxtrot (Spot Dance)		
Intermission		
Corn Rigs	32R2	Book 4 - 12
The Deuks Dang Ow're My Daddie	40J2	Book 19 - 3
A Man's A Man For A' That	32S3	Book 30 - 5
The Cloutie Dumplin'		
Intermission		
The Gay Gordons		
Maxwell's Rant	32R3	Book 18 - 10
Adieu Mon Ami	32S3	Book 24 - 11
Tam O'Shanter	32R3	LADT
Waltz		
Auld Lang Syne		

Crib notes for the dances are available on the Branch website.

Advanced Class

February 1, 2013

The Teachers and the COM have developed the format for an Advanced Class. The class will meet on the first Friday of the month, with the first class scheduled for February 1, 2013. The fee is \$5.00 per class. The teacher will be announced closer to the start date.

Dancers interested in this class should register with Maureen Burnham, the Teacher Representative on the Committee of Management (204-786 7767).

Participation in the Advanced Class is determined by self selection. Dancers should assess their own capabilities as well as their interest in such a class. They may approach one of the Teachers for more information, if required.

Criteria for Attendance

Dancers who would like to attend the class should reflect on the following criteria:

1. Do you feel comfortable and confident dancing a straightforward dance (3 or 4 basic figures) with only a talk through?
2. Do you enjoy working on the technical aspects of a dance - phrasing, handing, covering, teamwork?
3. Do you feel confident dancing an intricate, complex dance after working it through from each position? Would you be able to recall such a dance in a subsequent class?
4. Do you have a desire to grow in dancing: to be a better dancer?

If you answer "yes" to these questions, then the Advanced Class might be an enjoyable experience for you.

Maureen Burnham

RSCDS Winnipeg Branch 50th Anniversary Workshop and Ball May 17-19, 2013

The brochure and registration form for the 50th Anniversary Workshop and Ball will be available on the Winnipeg Branch website in January 2013.

The following is a reprint of the information provided in the November issue of the *Light and Airy*.



Teachers: Robin Lynch, Quadra Island, BC
Simon Scott, Vancouver, BC

Workshop Musicians: Ken Natrass, Accordion
Ron Krug, Piano

Band: Scotch Measure

For application forms and further information, go to the RSCDS Winnipeg Branch website at www.rscdswinnipeg.ca.

The planning for your **50th Anniversary Workshop and Ball** is well underway. A group of devoted individuals did a great deal of pre-planning and detective work and our Committee is now finalizing the plan. Mark the dates on your calendars - the weekend of May 17-19, 2013.

The **Friday** evening will be our *Ceilidh*, held at Silver Heights United Church.

On **Saturday**, the *classes* will be held at St. Stephen and St. Bede's Church and Silver Heights United Church (located across the street from each other) from 9:00 am to 2:00 pm, with a lunch served at 12:00 pm. Have a rest for 3 hours and get ready to dance away the evening. The reception, dinner, Grand March and Ball will be held at 17 Wing Air Force Base, with times still to be determined.

Sunday brings a time to rest, get up and dance again! There will be a *brunch* at 11:30 am, followed by a *combined class and Tea Dance*, held at 17 Wing Air Force Base. The afternoon will end with Tea and a celebratory 50th Anniversary Cake!! Sound like fun!

Save up your coffers. We are working on the budget and will let you know the final cost of the weekend once all our numbers are in. Watch for the registration forms on our website sometime in January 2013.

Accommodation: We are expecting quite a number of out of town guests, perhaps as many as 30!!! A block of rooms has been booked at the Holiday Inn West for individuals requiring accommodation. We are expecting that there will be individuals who might like to be billeted. *If you have single, double or more rooms available, please contact Jean Highmoor.* She will put your name on a list to accommodate these individuals.

Transportation: There will be individuals who are flying in and will require transportation to the different events over the three days. We are hoping that those who are billeted will be transported by their hosts. We will have to arrange transportation for those who are staying at a hotel. *If you have a vehicle and are willing to transport people, please contact Bob Poole.* He will compile a list of possible drivers. We are hoping that individuals staying at a hotel will stay at the Holiday Inn West, as they have reasonable rates and have set aside rooms for this event.

Silent Auction and Draw Prizes: Hey! What would you think about sponsoring and donating a prepared basket for our draw, either individually or as a small group! These items help to reduce the cost of the weekend, as the proceeds act as part of our revenue. Give it some thought – it's actually lots of fun! I have already started one, with tea, a pretty tea cup and tea pot and perhaps some homemade biscuits! It's easy!

Pictures of the Past: An effort is being made to collect pictures of past events (from 50 years ago), with names of individuals in the pictures, what the event was, where it was held and when it happened. These pictures would be scanned and put into a power point presentation that would run continuously throughout the Saturday evening and Sunday events of our workshop weekend.

Well, I think that is all for now!! But be prepared, there may be more in the future! Think Spring!

*Jane Natrass
Chair, 50th Anniversary Workshop and Ball*

Event Reports

Scottish Dancing at the Transcona Seniors Centre

Since mid-September, a very enthusiastic group of seniors has been meeting at the Transcona Seniors Centre on Thursdays, to enjoy dancing and moving to our wonderful Scottish dance music.

Our numbers have ranged from 10 to 16 ladies, who are a fun-loving group with a great sense of humour! It would be nice if a few men would join our ranks...but that would be too much to hope for. We have been doing a number of ceilidh and simple dances, consisting of the "once and to the bottom" variety, as well as round-the-room dances. The ladies especially enjoyed dancing to the Christmas dance music!

We will begin dancing again on January 10th, from 1:00 to 2:30 pm. Branch members are welcome to join us any time that they are free on a Thursday afternoon. I can guarantee that you will have a fun time. If you have any questions, please call me at 204-224-2291.

Joyce Cormack



Scottish Dancing at the Transcona Seniors Centre

Class Reports

Fort Garry Social Class

After having received numerous requests for my Scotch Eggs recipe at the St. Andrew's Social, I decided it might be best to have it printed in the next *Light & Airy*. That way, members of our Scottish community would have the recipe at hand when preparing for Robbie Burns celebrations

I make my Scotch Eggs the day before I plan to serve them. In my recipe, the eggs are baked rather than deep-fried, and make a lovely hors d'oeuvre for special occasions (or next day for breakfast!).

Baked Scotch Eggs

1 lb. of pork sausage meat (found in the frozen meat section of your local grocery store)
6 hard-boiled eggs
1 egg, slightly beaten
2 cups of corn flake crumbs

Bring the eggs to room temperature for an hour or two before boiling. Place the 6 eggs in cold water and bring to a gentle boil in an uncovered pot. Remove the pot from the heat and let stand for 15 minutes in hot water. Then plunge the eggs into an ice water bath. This prevents a green ring from forming around the egg yolk.

Divide the sausage meat into 6 slices (on wax paper) and flatten them into patties roughly the size of your hand.

Shell eggs carefully, trying to capture the membrane under the shell and none of the egg white. Then place an egg on the meat patty and form the patty over the egg. Dip the wrapped egg into the beaten egg mixture, one at a time, and roll in corn flake crumbs (on wax paper). Place the eggs on a rack on a grill pan to allow the fat to drip through.

Bake in a 375 degree F oven for 30 minutes, flipping eggs once half-way through. Eggs should be golden brown when they are removed from the oven. Allow eggs to cool completely before slicing them in half with a sharp knife. I generally slice my eggs the day I intend to serve them.

Makes 12 hors d'oeuvres.

John Giesbrecht

Technique Class Report

The Tuesday night Technique Class has had an interesting and successful month of dancing. Peter McClure has taken over the teaching of the class while Cheryl Durnin takes a rest to try and get her foot completely healed. She has been making a game effort at teaching the class regularly but eventually the toll on her foot was too great. This is still Cheryl's class but Peter has been graciously working with the Tuesday nighters, providing challenging and interesting footwork and dances in Cheryl's absence.

Peter has been especially working with the class to improve reels and get everyone on the same page with regard to keeping formations looking like formations. He has kept us in line and the class has very much appreciated his efforts. We all, including Peter, look forward to Cheryl's return. We are very lucky to have been taught by two wonderful teachers.

Our class ranks have not always been full as many dancers have been tripping the light fantastic around North America. Joyce Cormack has been in Tofino, BC; David Kroecker and Debbie Forrest have been in San Diego, California; Ron Krug has been in Florida; Jan McPhail has been in San Antonio, Texas; Shirley Tinsley has been in Calgary; Sharon and Ray Plaitin have been to both coasts, visiting their family in Vancouver and New York; and this writer (Scott MacRae) came back from New Orleans earlier in November. Reg and Joan Curle have actually been around this past month and are content to ease back on travelling for a while. That's what that California sunshine can do to you!

Christine Barnes continues to love her new job in Portage la Prairie and Jean Highmoor continues to recover from a sore knee that has kept her from dancing for the past month. We continue to wish her a speedy recovery.

Overall, it has been a good and interesting run this past month for the Tuesday night class.

David and Debbie have shared the following pictures of the two Scottish Country Dance groups that they danced with in San Diego. They learned some interesting and new dances that should translate well here, and noted that all the females wore skirts - at the request of one male teacher.

Scott MacRae



San Diego Scottish Country Dance groups

Demonstration Team

The Demonstration Team has completed the following demonstration:

December 9 Festival of Trees and Lights

Upcoming demonstrations include:

January 2013 Irene Baron Eden Care home
January 24 Betel Home, Selkirk

Agnes Brydon

Here and There

Scottish Diaspora Tapestry Project 2012 - 2014

The Scottish Diaspora Tapestry Project will involve communities around the world in the celebration of Scottish heritage and culture. Scots have migrated all over the world and have often had a profound impact on the areas where they settled. This project will see 25 such communities documenting their Scottish connections on a series of embroidered panels.

The project will involve hundreds of volunteers around the globe. The panels will be assembled and displayed in Scotland as part of the 2014 Home Coming celebrations.

Winnipeg has been chosen as one of the 25 communities featured in the project. The Scottish Heritage Council of Manitoba is looking for individuals or groups who are interested in helping to develop a Winnipeg panel. More information on the project will appear in the January 2013 issue of the *Light and Airy*. Information is also available on the project website:
(<http://www.scottishdiasporatapestry.org>).

Out of Town Events

Honolulu, HI

February 15-17, 2013

RSCDS Hawaii Branch

Aloha Winter Weekend

Teachers: Bruce Herbold, David Newitt, Patti Cobb

Music: Humuhumunukunukuapua'a & Strathspey

Society Band

Contact: Melissa Lindsay (808-256-3347 or

MLindsay@hawaii.rr.com)

Ottawa, ON

January 25-27, 2013

Ardbrae Dancers of Ottawa

Ardbrae Ball Weekend

Welcome Dance, Ball, Sunday Brunch

Music: Laird Brown and the Scottish Accent Band

Contact: Anne Taylor (avTaylor2@gmail.com)

Halifax, NS

April 13-14, 2013

RSCDS Nova Scotia Branch

Halifax Spring Workshop

Teachers: Alicia Manson (Oakville, ON) and

Maggie Keppie (Kentville, NS)

Contact: Lydia Hedge (902-827-2033 or

lydiahedge@accesswave.ca)

Plymouth, MA

July 12-20, 2013

RSCDS Boston Branch

Pinewoods Camp

Dance and music classes, evening dances

Session I: July 12-15 Session II: July 15-20

Contact: Kendra Eshleman (617-987-0198 or

scdPinewoods2013@gmail.com)

Sackville, NB

July 28-August 4, 2013

TAC Summer School

Teachers: Elaine Brunken, Linda Henderson,

Jimmie Hill, Antoine Rousseau, Bill Zobel

Musicians: Muriel Johnstone (Director), Jim

Lindsay, Keith Smith, Ian Robertson, Judi

Nicholson, Angela Young

Contact: www.tac-rscds.org

Be sure to check the Inter-City Scot website for more information on dancing events in other cities (there is a link on the Winnipeg Branch website).

Important Dates

COM meetings: COM meetings are held on the first Wednesday of the month from October to May. Exceptions are Tuesday, November 6, 2012 and Thursday, January 10, 2013.

Next L&A: Deadline for the January 2013 issue is **January 11, 2013.**

Members are encouraged to submit articles, pictures or information of interest to Branch members.

This and the past 11 issues of the *Light and Airy* are posted on the Branch website (rscdswinnipeg.ca).